

## **DEPARTMENT OF THE NAVY**

BOARD FOR CORRECTION OF NAVAL RECORDS 2 NAVY ANNEX

WASHINGTON DC 20370-5100

JRE

Docket No: 7425-01 6 September 2002



This is in reference to your application for correction of your naval record pursuant to the provisions of title 10 of the United States Code, section 1552.

A three-member panel of the Board for Correction of Naval Records, sitting in executive session, considered your application on 29 August 2002. Your allegations of error and injustice were reviewed in accordance with administrative regulations and procedures applicable to the proceedings of this Board. Documentary material considered by the Board consisted of your application, together with all material submitted in support thereof, your naval record and applicable statutes, regulations and policies. In addition, the Board considered the advisory opinion furnished by the Specialty Leader for Nephrology dated 1 July 2002, a copy of which is attached.

After careful and conscientious consideration of the entire record, the Board found that the evidence submitted was insufficient to establish the existence of probable material error or injustice. In this connection, the Board substantially concurred with the comments contained in the advisory opinion. Accordingly, your application has been denied. The names and votes of the members of the panel will be furnished upon request.

It is regretted that the circumstances of your case are such that favorable action cannot be taken. You are entitled to have the Board reconsider its decision upon submission of new and material evidence or other matter not previously considered by the Board. In this regard, it is important to keep in mind that a presumption of regularity attaches to all official records.

Consequently, when applying for a correction of an official naval record, the burden is on the applicant to demonstrate the existence of probable material error or injustice.

Sincerely,

W. DEAN PFEIFFER Executive Director

Enclosure



## NEPHROLOGY DIVISION NAVAL MEDICAL CENTER SAN DIEGO

Suite 308, 34800 Bob Wilson Drive San Diego, California 92134-1308 Tel: 619-532-8840 Fax: 619-532-8856



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Chairman's Office Richard M. Keating, MD, FACP CAPT, AIC, USN Chairman

John T. Bestoso, MD, FACP CAPT, MC, USN Program Director Internal Medicine Residency

Daniel F. Maher, MD LCDR, MC, USNR Vice Chairman

Clayton M. Smiley, MD LT, AK, USNR Chief of Residents

General Internal Medicine Frank J. Carlson, MD CDR, MC, USN Division Head

Cardiology Peter E. Linz, MD, FACP CDR, MC, USN Division Head and Program Director Cardiology Fellowship

Allergy John M. Kelso, All. CAPT, MC, USN Division Head

Endocrinology AmirE. Harari, MD LCDR, MC, USN Division Head

Gastroenterology William R. Schindler, DO, FACP CAPT, MC, USN

Oscar S. Brann, MD, FACP CAPT, MC, USN Program Director Gastroenterology Fellowship

Hematology/Oncology Preston S. Gable, MD, FACP CDR, MC, USN Division Head

Nephrology John S. Hammes, MD LCDR, MC, USN Division Head

Pulmonary
David A. Bradshaw, MI.
CDR, MC, USN
Division Head

Dennis E. Amundson, DO, FACP CAPT, MC, USN Program Director Pulmonary/Critical Care Fellowship

Rheumatology Kevin J. Kempf, MD LCDR, MC, USNR Division Head

Infectious Disease Gregory Ctz, MD CDR, MK, USN Division Head

Mark R. Wallace, MD, FACP CAPT, AK, USN Program Director Infectious Disease Fellowship

Inputient (Huspitalist) Division Brian R. Ak Donald, MD, EACP CAPT, AIC, USN Division Head From: CAPT MC, USN

Navy SG Specialty Leader for Nephrology

To: Chairman, Board for Correction of Naval Records

Subj: COMMENTS AND RECOMMENDATION IN THE CASE OF FORMER

Ref: (a) BCNR letter JRE:jdh Docket No. 07425-01 of 12 June 2002

1. I have reviewed former means a medical file, as provided by the Board for Correction of Naval Record. I have also reviewed letter to the Board, dated 13 August 2001.

## 2. Eurrently suffers from:

a. end stage renal disease, for which he first received peritoneal dialysis and later (1996) a cadaveric renal transplant. Based on lab data and his weight as recorded in the record, in late summer-early fall 2001 his creatinine clearance was about 50-60 ml/minute, which is about one half-of normal. By itself, this level of kidney functioning should not cause symptoms. However, the medicines he has to take to keep his kidney can have significant side effects, as noted below.

b. hypertension which was definitively diagnosed after he left the Navy. As side effects of his therapy, he has some mild leg edema or swelling (described as "1+" in the record on a scale that can go as high as 4+).

c. gingival hyperplasia (swollen and enlarged gum tissue), which is a known side effect of his therapy with amlodipine (Norvasc) and cyclosporine. Those drugs were prescribed for his hypertension and kidney transplant, respectively.

d. diabetes mellitus type 2, which is a known side effect of his cyclosporine and prednisone therapy, which are needed to keep his kidney.

- 3. In his letter, a large and alleges that he should receive additional compensation because a Navy physician negligently permitted him to be discharged from the service without a thorough evaluation of his hypertension and the protein noted on his urinalysis. He appears to state that such an evaluation would have included referral to a nephrologist. In turn, that referral would have led to a medical discharge and institution of preventive therapy which could have saved his kidneys and prevented significant suffering.
- 4. I disagree with statements on several grounds:
- a. First, transient or intermittent proteinuria which is not associated with a significant kidney disease is fairly common. The had several urine tests while on active duty, mostly while evaluating him for infections. Some showed protein, but the majority did not. The final value in his record, 40 mg%, is not really high enough to warrant an invasive evaluation. Of note, a urinalysis in October 1992, more than a year after his separation, was negative for protein. If his Navy doctor had been really suspicious of a kidney disease, he would have obtained a serum creatinine level. In October 1992, his serum creatinine was 1.3 mg/dl, which is actually normal for an African-American male (African-Americans on average have higher creatinine levels than Caucasians).
- b. Second, Many things can cause a temporary rise in blood pressure. A diagnosis of hypertension requires multiple consecutive high blood pressure readings. While had a few borderline measurements recorded in his chart, most were completely normal. Some of the higher readings were taken during visits in which he complained of pain, which can raise blood pressure temporarily. His blood pressure at his separation physical was perfect at 120/72. It would have been wrong to say that he had hypertension at that time.
- c. Third, it is highly unlikely that a reputable nephrologist would have recommended a kidney biopsy or specific treatment if presented with the history available in chart: low-grade, intermittent proteinuria, a bland urinary sediment and normal blood pressure.
- d. Fourth, there was no preventive treatment available for kidney diseases in 1991. The fact that treatment with an angiotensin-converting enzyme (ACE) inhibitor can sometimes slow down worsening of kidney diseases was not proven until several years after Mr. Thompson's separation from the Navy.
- 5. It is probable, but not at all certain, that the beginnings of kidney disease at the time of his separation from the Navy. I believe that it was reasonable for the VA to award him a disability rating for his hypertension and his renal failure as they became apparent from 1992-1996.
- 6. In summary, I do not find any significant problems with the medical care that received while he was on active duty. I do not find evidence that his military physicians were negligent. I do not believe that his kidney failure could have been predicted. I do not believe

that he should have been placed on medical hold or referred to a nephrologists before being separated. I believe that documentation of the low-grade proteinuria on his SF 88 was the only action that needed to be taken at the time of his separation-physical. Thus I do not support Mr. Thompson's claim for extraordinary benefits beyond those he already receives.

