

RECORD OF PROCEEDINGS  
PHYSICAL DISABILITY BOARD OF REVIEW

NAME: XXXXXXXXXXXXXXXX  
CASE NUMBER: PD1101140  
BOARD DATE: 20121023

BRANCH OF SERVICE: ARMY  
SEPARATION DATE: 20021219

**SUMMARY OF CASE:** Data extracted from the available evidence of record reflects that this covered individual (CI) was an active duty PV2/E-2 (54B10/Basic Trainee), medically separated for left femoral neck stress fracture, radiographically healed with minor residual symptoms but presenting an unacceptable risk for recurrent injury. The CI presented with hip pain while in basic training and was found to have a femoral neck stress fracture. He was treated with physical therapy, medications and activity modification. Although the condition resolved other than minimal pain, he was thought to be at high risk for recurrence and separation was recommended. He was issued a permanent L3 profile and underwent a Medical Evaluation Board (MEB). Left femoral neck stress fracture, nondisplaced, radiographically and clinically healed, was forwarded to the Physical Evaluation Board (PEB) as medically unacceptable IAW AR 40-501. No other conditions appeared on the MEB's submission. The PEB adjudicated the left femoral neck stress fracture condition as unfitting, rated 0%, with application of the Veterans Administration Schedule for Rating Disabilities (VASRD). The CI made no appeals and was medically separated with a 0% combined disability rating.

**CI CONTENTION:** "I have pain in my left hip every day. I cannot run. I cannot walk for long periods of time."

**SCOPE OF REVIEW:** The Board's scope of review is defined in the Department of Defense Instruction (DoDI) 6040.44, Enclosure 3, paragraph 5.e.(2). It is limited to those conditions determined by the PEB to be unfitting for continued military service and those conditions identified but not determined to be unfitting by the PEB when specifically requested by the CI. Ratings for unfitting conditions will be reviewed in all cases. The left hip condition requested for consideration meets the criteria prescribed in DoDI 6040.44 for Board purview and is addressed below. Any conditions or contention not requested in this application, or otherwise outside the Board's defined scope of review, remain eligible for future consideration by the Army Board for Correction of Military Records.

**RATING COMPARISON:**

Service IPEB – Dated 20021205			VA (Used STR*) – All Effective Date 20021220			
Condition	Code	Rating	Condition	Code	Rating	Exam
Lt Femoral Neck Stress FX	5099-5003	0%	Lt Femoral Neck Stress FX	5253	0%	STR
↓No Additional MEB/PEB Entries↓			0% x #/Not Service Connected x 2			STR
<b>Combined: 0%</b>			<b>Combined: 0%</b>			

\* No Show for initial VA C&P Exam. No change in VA adjudication after 20040203 C&P.

**ANALYSIS SUMMARY:**

Healed Left Femoral Neck Stress Fracture, with Minor Residual Symptoms Condition. The CI had sudden onset of left hip pain during a company run while in training on 5 June 2002. He

was found to have a stress fracture of the femoral neck and was treated with physical therapy and duty limitations including convalescent leave. He was returned to duty after symptom resolution with subsequent recurrence of the pain. He was again placed on convalescent leave and a MEB was initiated. The narrative summary (NARSUM) was dictated by the treating orthopedic surgeon on 13 November 2002, 5 weeks prior to separation. The CI reported slight pain but that he was able to ambulate with minimal pain. On examination he had full range-of-motion (ROM) in all planes, no tenderness to palpation, but some pain with extreme internal rotation. A straight leg raise was not painful. Heel tap and log roll, tests for a femoral fracture, were negative. Imaging showed sclerosis, indicative of a healed stress fracture. He was thought to have a healed stress fracture of the left femoral neck based on clinical and radiographic evidence, but was at risk for pain and recurrent injury if he continued strenuous activities such as basic training. The CI failed to report for his VA Compensation and Pension (C&P) examination scheduled for 1 May 2003, 5 months after separation. There was an examination on 3 February 2004, 14 months after separation, which was normal. The VA did not change its previous rating which it had made based on the service treatment records (STR). The Board directs attention to its rating recommendation based on the above evidence. The PEB and VA both rated the condition at 0% disability, but coded it 5099-5003, analogous to degenerative arthritis, and 5253, impairment of the thigh, respectively. The Board considered other coding options but none provided a route to a higher rating. As already noted, when the CI was examined by the VA 14 months after separation his condition was normal and no change was made to his disability rating. After due deliberation, considering all of the evidence and mindful of VASRD §4.3 (reasonable doubt), the Board concluded that there was insufficient cause to recommend a change in the PEB adjudication for the left femoral neck condition.

**BOARD FINDINGS:** IAW DoDI 6040.44, provisions of DoD or Military Department regulations or guidelines relied upon by the PEB will not be considered by the Board to the extent they were inconsistent with the VASRD in effect at the time of the adjudication. In the matter of the left femoral neck stress fracture condition and IAW VASRD §4.71a, the Board unanimously recommends no change in the PEB adjudication.

**RECOMMENDATION:** The Board, therefore, recommends that there be no recharacterization of the CI's disability and separation determination, as follows:

<b>UNFITTING CONDITION</b>	<b>VASRD CODE</b>	<b>RATING</b>
Left Femoral Neck Stress Fracture	5099-5003	0%
	<b>COMBINED</b>	<b>0%</b>

The following documentary evidence was considered:

- Exhibit A. DD Form 294, dated 20111218, w/atchs.
- Exhibit B. Service Treatment Record.
- Exhibit C. Department of Veterans Affairs Treatment Record.

XXXXXXXXXXXXXXXXXXXX  
 President  
 Physical Disability Board of Review

SFMR-RB

MEMORANDUM FOR Commander, US Army Physical Disability Agency  
(TAPD-ZB / ), 2900 Crystal Drive, Suite 300, Arlington, VA 22202-3557

SUBJECT: Department of Defense Physical Disability Board of Review Recommendation for  
XXXXXXXXXXXXXXXXXXXX, AR20120020020 (PD201101140)

I have reviewed the enclosed Department of Defense Physical Disability Board of Review (DoD PDBR) recommendation and record of proceedings pertaining to the subject individual. Under the authority of Title 10, United States Code, section 1554a, I accept the Board's recommendation and hereby deny the individual's application. This decision is final. The individual concerned, counsel (if any), and any Members of Congress who have shown interest in this application have been notified of this decision by mail.

BY ORDER OF THE SECRETARY OF THE ARMY:

Encl

XXXXXXXXXXXXXXXXXXXX  
Deputy Assistant Secretary  
(Army Review Boards)

CF:  
( ) DoD PDBR  
( ) DVA