

RECORD OF PROCEEDINGS  
AIR FORCE BOARD FOR CORRECTION OF MILITARY RECORDS

IN THE MATTER OF:

DOCKET NUMBER: BC-2012-02896  
COUNSEL: NONE  
HEARING DESIRED: NO

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APPLICANT REQUESTS THAT:

Her fitness assessment (FA) dated 22 Mar 11, be removed from the Air Force Fitness Management System (AFFMS).

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APPLICANT CONTENDS THAT:

Her heart rate after completing the 1 mile walk portion of the FA was 191, which was extremely high for her. She was seen by her primary care manager (PCM) for migraines and informed her about the FA because of her heart rate. After reviewing her blood pressure score, her PCM stated that her blood pressure was high and placed her on medication. In addition, her PCM stated she could have endangered herself since she was unaware of this condition prior to the FA.

The applicant's complete submission, with attachments, is at Exhibit A.

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STATEMENT OF FACTS:

The applicant is currently serving in the Regular Air Force in the grade of technical sergeant.

On 22 Mar 11, the applicant tested on the cardio assessment and abdominal circumference, because she was only medically cleared for those portions of the FA. She scored 69.3, which was below the minimum standard

On 19 Jul 12, AFPC/DPSIM requested the applicant provide additional supporting documentation to substantiate her claim. Specifically, signed copies of his FA score sheet and fitness questionnaire, AF Form 469, *Duty Limiting Condition Report*; AF Form 422, *Notification of Air Force Member's Qualification Status*; and AF Form 108, *Physical Fitness Education and Intervention Processing*.

On 29 Aug 12, the applicant provided the requested documentation.

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AIR FORCE EVALUATION:

AFPC/DPSIM recommends denial. DPSIM states the applicant was provided an AF Form 422, stating she was cleared to test on the 1 mile walk and abdominal circumference components only. On 26 Apr 11, almost a month after completing her FA, the applicant went in for treatment. In accordance with (IAW) AFI 36-2905, *Air Force Guidance Memorandum on Fitness Program* "if an airman becomes injured or ill during the FA and is unable to complete all required components, he/she will have the option of being evaluated at the Medical Treatment Facility (MTF) but his/her test will still count unless rendered invalid by the unit commander." In this instance it is clear the applicant did not report to the MTF upon completion of her FA due to the elevated heart rate.

DPSIM states the applicant tested within the standards as documented on her AF Form 422.

The complete DPSIM evaluation, with attachment, is at Exhibit C.

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APPLICANT'S REVIEW OF AIR FORCE EVALUATION:

A copy of the Air Force evaluation was forwarded to the applicant on 1 Oct 12, for review and comment within 30 days (Exhibit D). As of this date, no response has been received by this office.

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THE BOARD CONCLUDES THAT:

1. The applicant has exhausted all remedies provided by existing law or regulations.
  2. The application was timely filed.
  3. Insufficient relevant evidence has been presented to demonstrate the existence of an error or injustice. We took notice of the applicant's complete submission in judging the merits of the case; however, we agree with the opinion and recommendation of the Air Force office of primary responsibility and adopt its rationale as the basis of our conclusion that the applicant has not been the victim of an error or injustice. Therefore, in the absence of evidence to the contrary, we find no basis to recommend granting the relief sought in this application.
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THE BOARD DETERMINES THAT:

The applicant be notified that the evidence presented did not demonstrate the existence of material error or injustice; that the application was denied without a personal appearance; and that the application will only be reconsidered upon the submission of newly discovered relevant evidence not considered with this application.

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The following members of the Board considered BC-2012-02896 in Executive Session on 14 Feb 13, under the provisions of AFI 36-2603:

Panel Chair  
Member  
Member

The following documentary evidence was considered:

- Exhibit A. DD Forms 149, dated 18 Jun 12, w/atchs.
- Exhibit B. Letter, AFPC/DPSIM, dated 19 Jul 12, w/atchs.
- Exhibit C. Letter, AFPC/DPSIM, dated 20 Sep 12, w/atch.
- Exhibit D. Letter, SAF/MRBR, dated 1 Oct 12.

Panel Chair