RECORD OF PROCEEDINGS AIR FORCE BOARD FOR CORRECTION OF MILITARY RECORDS

IN THE MATTER OF:

DOCKET NUMBER: BC-2012-02388 COUNSEL: NONE HEARING DESIRED: NO

APPLICANT REQUESTS THAT:

His Fitness Assessment (FA) dated 23 Apr 2012 be removed from the Air Force Fitness Management System (AFFMS).

APPLICANT CONTENDS THAT:

There was a discrepancy between restrictions placed on his AF Form 469, *Duty Limiting Condition Report*, dated 19 Apr 2012 and the testing exemptions reflected on the AF Form 422, *Notification of Air Force Member's Qualification Status*, dated 20 Apr 2012.

On 19 Apr 2012, he went to the Health and Wellness Center (HAWC) and contacted the Exercise Physiologist to request a profile (AF Form 422). The Exercise Physiologist generated the original AF Form 422, dated 20 Apr 2012, on which he exempted only the 1.5 mile run.

On 23 Apr 2012, he took his copy of the AF Form 422 to his scheduled FA. The AF Form 422 restricted only the 1.5 mile run. Therefore, he completed the 1 mile walk for the cardio component of the FA. He also completed the remaining three components of the FA.

On 23 Apr 2012, the Unit Fitness Program Manager (UFPM) noticed the discrepancy between the AF Form 469 and the AF Form 422. The AF Form 469 had a restriction of no running for more than 100 yards; no paced walking for more than 3/4 of a mile; however, the AF Form 422 only exempted the 1.5 mile run. The UFPM did not notice the discrepancy until after the test was completed. She informed him of this discrepancy and contacted the Exercise Physiologist who stated he would update the AF Form 422 to include the exemption of the 1 mile walk. A new AF Form 422 was submitted on the same day the FA was conducted.

The first sergeant directed the UFPM contact the Fitness Assessment Center (FAC). The UFPM indicated there was a discrepancy with the profile and requested a delay inputting the test score until the discrepancy could be resolved. However, FAC personnel refused to delay inputting the FA score. As a result of this unsatisfactory FA, a pre-separation package was initiated. During his medical evaluation, an electrocardiogram

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detected an irregular heartbeat. He is scheduled for follow-on appointments to determine the cause. A new AF Form 422 and AF Form 469 were generated.

In support of his request, the applicant provides copies of AF Forms 422, AF Forms 469, AF Form 108, *Physical Fitness Education and Intervention Processing*, and a letter from the HAWC Exercise Physiologist.

The applicant's complete submission, with attachments, is at Exhibit A.

STATEMENT OF FACTS:

The applicant is currently serving in the Air Force in the grade of master sergeant (MSgt, E-7).

THE AIR FORCE EVALUATION:

HQ AFPC/DPSIM recommends denial. DPSIM states on 20 Apr 2012, the applicant's AF Form 422 was finalized and signed by the medical provider. The AF Form 422 exempted the member from the 1.5 mile run only. His FA was administered according to the recommendations made by the local Military Treatment Facility on 20 Apr 2012. The FA dated 23 Apr 2012 was administered in accordance with AFI 36-2905, AF Fitness Program.

The complete DPSIM evaluation is at Exhibit C.

APPLICANT'S REVIEW OF THE AIR FORCE EVALUATION:

On 2 Jul 2012, a copy of the Air Force evaluation was forwarded to the applicant for review and comment within 30 days. As of this date, no response has been received by this office (Exhibit D).

THE BOARD CONCLUDES THAT:

1. The applicant has exhausted all remedies provided by existing law or regulations.

2. The application was timely filed.

3. Sufficient relevant evidence has been presented to demonstrate the existence of an error or injustice warranting partial relief. In this respect we note the discrepancy between the applicant's AF Form 469, which had a restriction of no running for more than 100 yards and no paced walking for more than 3/4 of a mile. However, his AF Form 422 only exempted the 1.5 mile run. The applicant provided a corrected copy of his AF Form 422, which reflects he should have been exempted from the 1 mile walk as well as the 1.5 mile run. While the applicant requests his FA be removed, we believe it would be more equitable to remove the cardio component of his FA. In view of this, we find the evidence presented sufficient to conclude the applicant should have been exempt from the cardio component. Accordingly, we recommend his record be corrected as indicated below.

THE BOARD RECOMMENDS THAT:

The pertinent military records of the Department of the Air Force relating to APPLICANT, be corrected to show that the cardio component of his FA dated 23 Apr 2012 be updated to reflect "exempt" in the AFFMS.

The following members of the Board considered this application in Executive Session on 29 Nov 2012, under the provisions of AFI 36-2603:

- , Panel Chair
- , Member
- , Member

All members voted to correct the record as recommended. The following documentary evidence pertaining to Docket number BC-2012-02388 was considered:

Exhibit A. DD Form 149, dated 21 May 2012, w/atchs. Exhibit B. Letter, AFPC/DPSIM, dated 20 Jul 2012, w/atch. Exhibit C. Letter, SAF/MRBR, dated 2 Jul 2012.

Panel Chair