

RECORD OF PROCEEDINGS
AIR FORCE BOARD FOR CORRECTION OF MILITARY RECORDS

IN THE MATTER OF:

DOCKET NUMBER: BC-2012-01210

COUNSEL: NONE

HEARING DESIRED: NO

APPLICANT REQUESTS THAT:

His fitness assessment (FA) score recorded on 28 Feb 12 be removed from the Air Force Fitness Management System (AFFMS).

APPLICANT CONTENDS THAT:

After his 28 Feb 12 FA, he sought treatment for pain in the right side of his body and it was subsequently determined that he had a medical condition that precluded him from achieving a passing score on his FA.

In support of his request, the applicant provides copies of AF Forms 469, *Duty Limiting Condition (DLC) Report*, AF Form 422, *Notification of Air Force Member's Qualification Status*, and documents related to this matter.

The applicant's complete submission, with attachments, is at Exhibit A.

STATEMENT OF FACTS:

The applicant is currently serving in the Regular Air Force in the grade of staff sergeant (SSgt), E-5.

In accordance with AFI 36-2905, *Fitness Program*, to determine overall fitness the Air Force uses an overall composite fitness score and minimum scores per 3 component areas: Aerobic Fitness (1.5 mile run), Body Composition (abdominal circumference measurement), and Muscular Fitness (number of push-ups and sit-ups completed within 1 minute each). Military members receive a composite score on a 0 to 100 scale based on the following maximum component scores: 60 points for aerobic, 20 points for body composition, 10 points for push-ups and 10 points for sit-ups. To determine individual composite fitness scores the Air Force uses age and gender specific fitness score charts.

The applicant was required to earn an overall composite score of 75 or greater. He received an overall score of 74.00 and received an unsatisfactory for the fitness test.

The AF Form 469 dated 28 Feb 12 reflects the applicant was precluded from rucksack carrying, no pushing or pulling of 20 pounds or greater, and no lifting more than 20 lbs. These limitations expired on 14 Mar 12.

By letter dated 2 Mar 12, the applicant's medical provider determined the applicant had a medical condition that precluded him from achieving a passing score on his FA.

AF Form 422 dated 5 Mar 12 exempted the applicant from doing pushups and sit-ups. However, he could walk, run cycle, swim, elliptical, circuit train with light weight high reps using machines.

The applicant's commander, by letter dated 14 Mar 12, requests the applicant's 28 Feb 12 FA score be removed from his records or nullified.

AIR FORCE EVALUATION:

AFPC/DPSIM recommends denial to remove the applicant's 28 Feb 12 FA score from the AFFMS. However, they do recommend the pushup and sit-up components of the contested FA be updated to reflect exempt and the score for the cardio and abdominal circumference remain as is in the AFFMS. The applicant's overall composite score will be 74.13 and remain as unsatisfactory as he did not meet the minimum score required for a satisfactory FA.

The complete AFPC/DPSIM evaluation is at Exhibit B.

APPLICANT'S REVIEW OF AIR FORCE EVALUATION:

A copy of the Air Force evaluation was forwarded to the applicant on 11 May 12 for review and comment within 30 days. As of this date, no response has been received by this office.

THE BOARD CONCLUDES THAT:

1. The applicant has exhausted all remedies provided by existing law or regulations.
2. The application was timely filed.
3. Sufficient relevant evidence has been presented to demonstrate the existence of error or injustice. After a

thorough review of the evidence provided by the applicant, to include the supporting statement from his Family Medicine Physician Assistant and from his commander, we believe his 28 Feb 12 Fitness Assessment score should be removed. Therefore, to preclude the possibility of an injustice to the applicant, we recommend that his records be corrected as indicated below.

THE BOARD RECOMMENDS THAT:

The pertinent military records of the Department of the Air Force relating to the APPLICANT, be corrected to show that his Fitness Assessment, dated 28 Feb 12, be removed from the Air Force Fitness Management System (AFFMS) database.

The following members of the Board considered this application BC-2012-01210 in Executive Session on 10 Oct 12, under the provisions of AFI 36-2603:

Panel Chair
Member
Member

The following documentary evidence was considered:

- Exhibit A. DD Form 149, dated 14 Mar 12, w/atchs.
- Exhibit B. Available Military Personnel Records.
- Exhibit C. Letter, AFPC/DPSIM, dated 24 Apr 12, w/atchs.
- Exhibit D. Letter, SAF/MRBR, dated 11 May 12.

Panel Chair